

The all-new Exxentric kBox Medical has been specifically developed for medical practitioners, physiotherapists and sports rehabilitation professionals. From injury prevention to post-injury rehabilitation - eccentric training on the kBox Medical will help your patients recover faster in a safe manner.



INCLUDED ACCESSORIES



VARIABLE RESISTANCE

Through variable resistance, Exxentric creates user adjusted loads without sticking points – allowing your patients to gain strength faster and safer.

ISOMETRICS

The kBox can be used for isometric exercises at different angles. So you can load even frail or movement-restricted patients maximally and enable them to gain strength.

ECCENTRIC OVERLOAD

By using practitioner guided techniques for eccentric overload, Flywheel Training will build up both strength and passive tissues more effectively than traditional methods.

LIMITED ROM

As a practitioner you can easily adjust the range of motion for each exercise - allowing you to work around certain injuries or weak spots of your patients.

FEATURES

- CE marked and Certified Medical Device (MD)
- Robust design to withstand daily usage in a clinical environment
- High-quality drive-belt and bearings to maximize longevity and reduce friction
- All-white medical aesthetic to fit clinical settings
- Bundled with hand-selected accessories to fit the various treatment requirements of different patients
- Includes an exclusive medical onboarding for practitioners through our Online Academy



SPECIFICATIONS FOR KBOX MEDICAL

Dimensions (footprint)

Width	98 cm (39")
Depth	63 cm (25")
Height	23 cm (9.1")

Top surface dimensions

Width	90 cm (35")
Depth	55 cm (22")
Area	0.50 m ² (5.3 sq. ft)

Materials and colors

Chassis	Aluminium, Serene White
Flywheel	Steel, Serene White

Features

kMeter built-in	No
Low friction bearings	Yes
Durable shaft and drive belt	Tested for 100,000 repetitions
Drive belt auto-retract	Yes
Quick change flywheel	Yes
No. of flywheels mounted	1-4
Inertia range	0.005 - 0.28 kgm ²
Inertia factor*	x56
Range of motion	180 cm (71")

Certifications

CE Marking	Yes, tested to EN ISO 20957-1 & 2
Medical Device	Class I under EU MDR

Flywheel options (kgm²)

XS - 0.005	Yes
S - 0.010	Yes
M - 0.025	Yes
L - 0.050	Yes
XL - 0.070	Yes

Weight of machine	15.5 kg (34 lbs)
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Max weight allowed on kBox	200 kg (441 lbs)
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*) Inertia factor means the highest possible inertia divided by the lowest possible inertia.