



## kPulley Upgrade Kit: assembly instructions

The kPulley Upgrade Kit enables owners of the original kPulley device to benefit from most of the upgrades and features available in the kPulley2 and it consists of the following components.



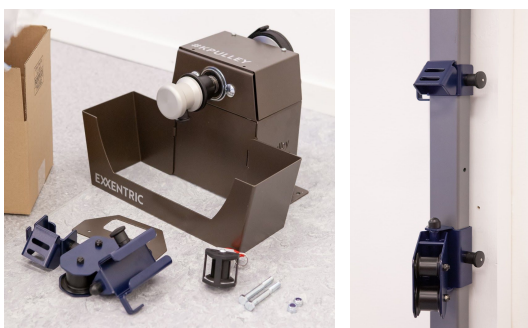
**Step 1** - Pull out the Drive Belt from the Belt Stopper Hook, Height Adjuster and Pulley Block. Roll up the Drive Belt around the shaft and keep it stationary. Remove the M8 nuts and screws fixing the chassi to the bottom beam. Unscrew and remove the beams from your wall.

**Step 2** - Position the new Beam against your wall with the oval opening visible and set low to the ground. Attach the new Beam to the wall with seven suitable screws (not included in the upgrade kit). To attach the Beam to a pole or a rack, use the brackets on the back of the Beam and strong belts with cam locks.



**Step 3** - Slide the Height Adjuster on the Beam followed by the Belt Stopper.

**Step 4** - Unscrew the shaft cover to position the Drive Belt Guide on top of it and screw it back in.





**Step 5** - Attach the kPulley chassi to the Beam using the same M8 nuts and screws as before.



**Step 6** - Pull the Drive Belt upwards to slide it in behind the bottom wheel of the Height Adjuster and pull it out towards yourself from between the two wheels.



**Step 7** - Slide the Drive Belt around the wheel of the Pulley Block and proceed to pull it back towards the Height Adjuster.



**Step 8** - Slide the Drive Belt between the upper wheel of the Height Adjuster and the metal rod. Proceed to pull the Drive Belt up towards the Belt Stopper.



**Step 9** - Slide the Drive Belt downwards through the upper slot of the Belt Stopper and then out through the lower slot.



**Step 10** - Adjust the length of your Drive Belt using the Belt Stopper and resume your training.

